





National Heroes Day



Destination News

<image>

Bringing the vaccines closer to the people with Lapu-lapu City Mobile Covid-19 Vaccination Clinic

Photos courtesy of Mayor Junard Chan and Lapu-lapu City PIO

Lapu-Lapu City Mayor Junard "Ahong" Chan formally opened on August 4 the City's first vaccination on wheels, an air-conditioned vaccination clinic bus.

Lapu-Lapu City is the first local government unit (LGU) outside Metro Manila to have a mobile vaccination clinic bus approved by the Department of Health (DOH).

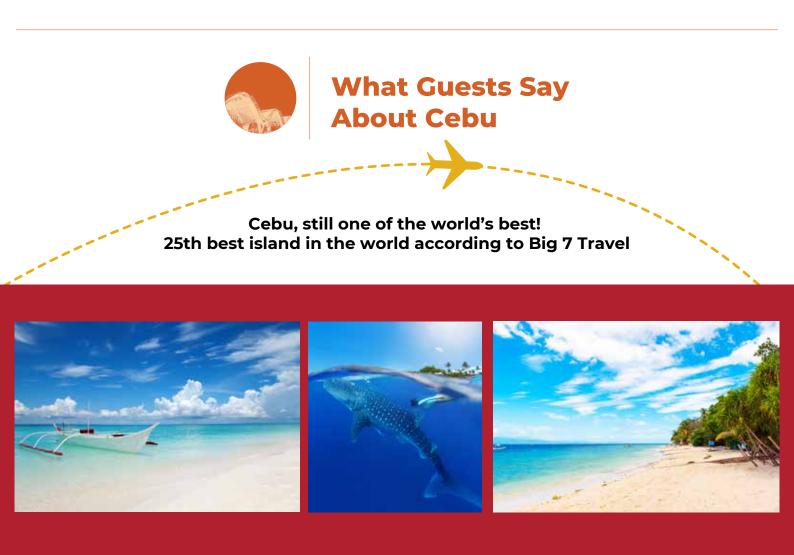
The vaccination bus is manned by City Health personnel and will be visiting at least 10 barangays, prioritizing those with reported "delta variant," which is now considered as the most contagious

and deadly strain of COVID-19.

The vaccination bus is the City's sixth vaccination center, in addition to Hoops Dome, City Auditorium, Island Central Mall, Waterfront Airport Hotel and Mactan Newtown. A seventh vaccination site just opened at Marigondon National High School. Vaccination sites for workers of the export processing zones are also available inside the compound of Yuenthai Philippines and Timex Philippines Incorporated.

Mayor Chan is thankful to the Philippine Red Cross Chairman and CEO, Senator Richard Gordon and Lapu-Lapu-Cordova Chapter Administrator Vic Jay Gonzal for the vaccination bus. "With this vaccination bus, we can now bring the vaccines closer to the residents, especially the senior citizens and bedridden individuals in remote areas," according to Mayor Chan.

Today, the City is averaging 8,000 jabs per day and has inoculated more than 318,000 residents and workers.



Big 7 Travel, an international travel website named Cebu as the 25th best island in the world in a list published last July 28. Known for its "sugar-white beaches, clear emerald waters, hot springs, and several jungle waterfalls," Cebu continues to enthrall travel aficionados.

The town of Oslob, in Southern Cebu, was specially mentioned "where one can go swimming with whale sharks!"

The list was based on "aggregated scores from previous media results and contributions from the Big 7 Travel editorial team." El Nido in Palawan placed second and was recognized for its "untouched white sandy beaches and tropical jungle."

Big 7 Travel's 10 best islands in the world are:

- 1. Lummi Island, Washington
- 2. Palawan, Philippines
- 3. Espiritu Santo, Vanuatu
- 4. Sommarøy, Norway
- 5. Korcula, Croatia
- 5. Kulcula, Cluatia
- Fraser Island, Australia
 Pemba Island, Zanzibar
- 8. Barbados
- 9. Flatey, Iceland
- 10. Bora Bora, French Polynesia



ASIA



INTERNATIONAL FLIGHTS

Airlines	Origin/Destination	Frequency
QATAR 🔨	Doha — Cebu Cebu — Doha	5x weekly (Mon, Tue, Wed, Thu & Fri)
Emirates	Dubai — Cebu Cebu — Dubai	2x weekly (Tue & Thu)
scoot	Singapore — Cebu Cebu — Singapore	2x weekly (Thu & Sun)
CATHAY PACIFIC	Hong Kong — Cebu Cebu — Hong Kong	3x weekly (Tue, Fri & Sun)
JEJUair	Incheon — Cebu Cebu — Incheon	Aug 27
ляль 🌮	Incheon — Cebu Cebu — Incheon	1x weekly (Sun)
	Los Angeles — Cebu Cebu — Los Angeles	1x weekly (Sat)
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San Francisco — Cebu Cebu — San Francisco Narita — Cebu Cebu — Narita 1x weekly (Mon) Aug 21



DOMESTIC FLIGHTS

	Origin / Destination			
Air Asia	Manila — Cebu Cebu — Manila	1x daily		
Airline	Origin / Destination	Frequency	Origin / Destination	Frequency
cebu pacific	Manila — Cebu Cebu — Manila	2x daily	Cebu — Clark Clark — Cebu	1x weekly (Tue)
	Cebu — Davao Davao — Cebu	3x weekly (Tue, Thu & Sat)	Cebu — Pagadian Pagadian — Cebu	2x weekly (Thu & Sun)
	Cebu — Butuan Butuan — Cebu	2x weekly (Thu & Sat)	Cebu — Tacloban Tacloban — Cebu	2x weekly (Mon & Fri)
	Cebu — Cagayan de Oro Cagayan de Oro — Cebu	3x weekly (Mon, Wed & Sat)	Cebu — Zamboanga Zamboanga — Cebu	1x weekly (Sun)
	Cebu — Bacolod Bacolod — Cebu	1x weekly (Tue)		
	Origin / Destination	Frequency	Origin / Destination	Frequency
Philippine Airlines	Manila — Cebu Cebu — Manila	3x daily	Cebu — Bacolod Bacolod — Cebu	1x weekly (Mon)
	Cebu — Davao Davao — Cebu	4x weekly (Tue, Wed, Fri & Sat)	Cebu — Clark Clark — Cebu	3x weekly (Mon, Wed & Sat)
	Cebu — Butuan Butuan — Cebu	2x weekly (Mon & Sat)	Cebu — Tacloban Tacloban — Cebu	2x weekly (Thu & Sun)
	Cebu — Cagayan de Oro Cagayan de Oro — Cebu	4x weekly (Mon, Wed, Fri & Sun)	Cebu — Zamboanga Zamboanga — Cebu	1x weekly (Mon)



MCIA Wellness Center



In compliance with the Department of Labor and Employment Department Order No. 208 Series of 2020, wherein all workplaces and establishments are required to formulate a Mental Health Workplace Policy and Program, GMR Megawide Cebu Airport Corporation (MCAC) and its management have created a Wellness Center facility for all its employees.

The Wellness Center, which is located at MCIA Terminal 1 beside Hero's Lounge, was inaugurated on July 28, 2021. Present during the ceremonial opening and blessing were GMCAC Officers including Mr. Louie Ferrer (President), Mr. Andrew Harrison (CEA), and Mr. Andrian Villanueva (HR & FMS Head). Ms. Mikhaila Rose Embog-Tuble, a Mental Health Practitioner in Cebu, was also in attendance.

The services offered at the Center includes assessment, individual counseling, referrals for further support and consultation. Interested employees are required to make an appointment in advance via email or through GMCAC HR Team. Once the schedule is confirmed, the employees have the option to consult via online or on-site. Online psychological or counseling services are conducted three times a week via zoom call while on-site counseling is conducted twice a month.

The Wellness Center is open every Monday, Wednesday and Friday from 8 am to 4 pm.

Healthy Harvest Festival at Mactan Cebu International Airport





As part of its health and wellness initiative, Mactan-Cebu International Airport (MCIA) held the "Healthy Harvest Festival," at the Terminal 1 Pre-terminal Lobby and Airport Village from July 28 until August 11. It featured a farmer's market, a bloodletting drive, free basic health checkup, and discounts and freebies for Covid-19 vaccinated customers.

A variety of fresh fruits, vegetables, healthy ready-to-eat meals, bakery items and essential oils were among the festival's best sellers to the delight of Covid-19 vaccinated customers, who received free gifts and up to 15% discount from participating food and service shops.

MCIA also joined the commemoration of the National Blood Donor's Month with a blood donation drive in partnership with the Department of Health (DOH) Central Visayas – National Voluntary Blood Services Program, the Philippine National Police (PNP) Aviation Security Unit (AVSEU) 7, and the Mactan-Cebu International Airport Authority (MCIAA) Airport Police Division. Those who participated in the activity had to undergo an assessment prior to donation.

Free basic health checkup (blood pressure, blood sugar, and eyes) courtesy of Prime Care Cebu was also made available from August 2 to 6.

"There are many ways to protect our health during the pandemic, and we have combined these into the Healthy Harvest Festival, which is intended at enticing the public to become healthier," said Louie Ferrer, President of GMR MEGAWIDE Cebu Airport Corporation (GMCAC), private operator of MCIA.

For Julius Jay Neri, the General Manager of Mactan-Cebu International Airport Authority (MCIAA), there are 3 ways to prevent ourselves and our families from getting COVID-19. One, practice all required safety protocols. Two, get vaccinated as soon as possible. And lastly, maintain a healthy lifestyle to build up our immune system. "This activity is good because it promotes awareness, helps people to have a healthy lifestyle and encourages everyone to get vaccinated," GM Neri said.

Health and safety protocols were strictly followed in the duration of the festival.

The Healthy Harvest Festival was also made possible by Magic Melt, Mucho Café, and Anna Mig Bakeshop.



For further details, please contact our Airline Marketing Team at marketing@gmcac.ph. Terminal Building, Mactan Cebu International Airport, Airport Road, Lapu-lapu 6016 Cebu.

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